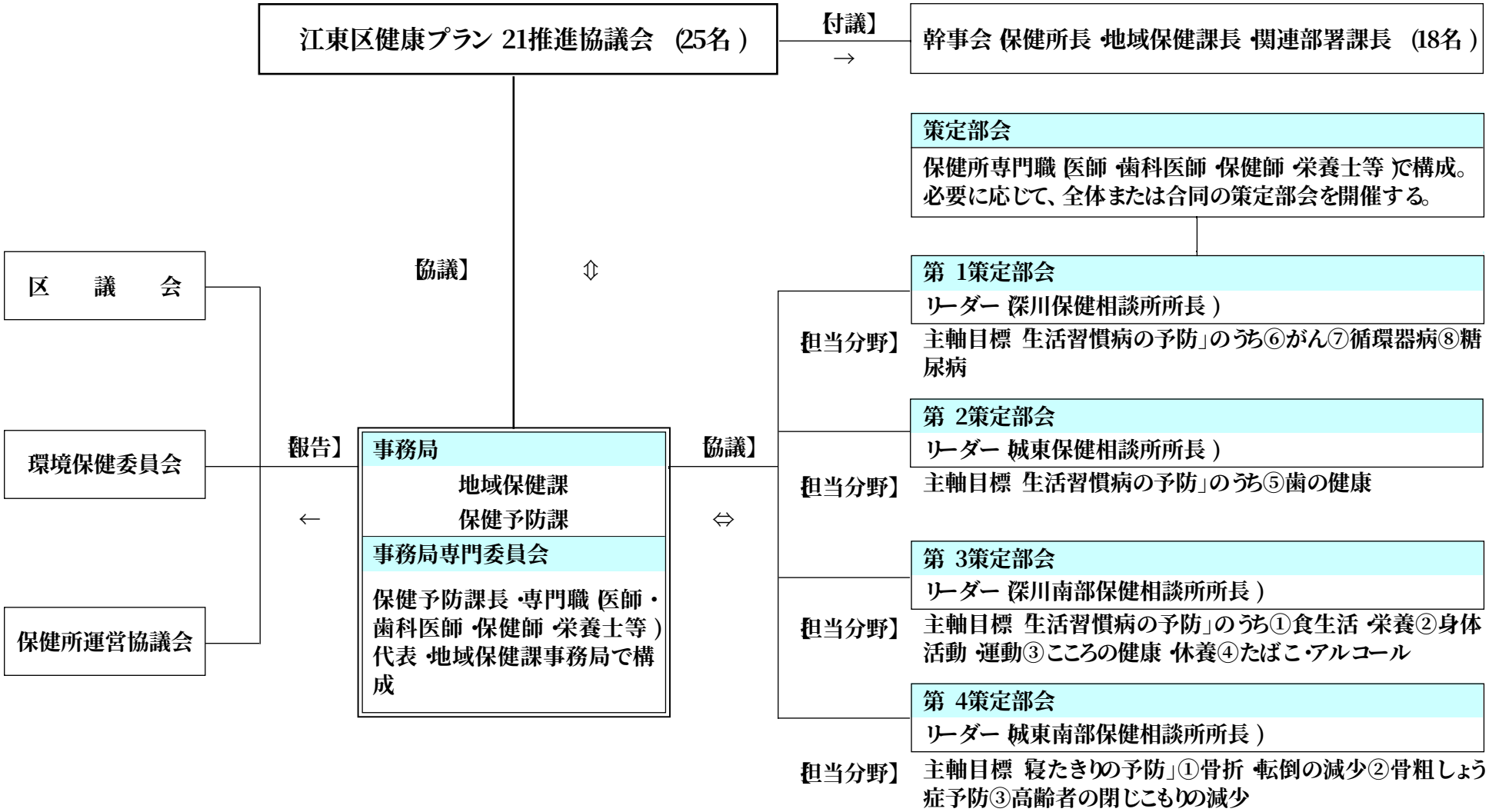江東区健康プラン21策定の流れ